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By Karen Connell



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The Battle for Our Spirit, Minds and Bodies

BY

Karen Connell

(1 Cor 2:12, 16)

Now we have received, not the spirit of this world, but the spirit which is of God; that we might know the things that are freely given to us of God ... (for) we have the mind of Christ.

*All Scripture is from the KJV or NKJV unless otherwise specified — all lexicon numbers are from the Strong's Concordance



Have you ever wondered why there is such a vicious and never-ending war being waged against non-toxic food, supplements, and alternative forms of healthcare? Have you ever wondered why an equally intense war is directed against those who profess faith in Jesus Christ? Have you ever wondered why believers who attempt to live their lives according to the words of Jesus and His apostles as recorded in the Bible are constantly ridiculed and called intolerant bigots, hate mongers, stupid, gullible, paranoid, arrogant, and extremists – the scourge of society? Have you ever wondered why those same



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kinds of derogatory words are applied to people who object to mandatory vaccination and those who insist on knowing what is in the food we eat? There are currently antichrist forces at work that are effectively using many overt and subtle forms of mind control. This is being used world-wide against all of

humanity in one way or another. Multitudes of God's people are among those being targeted and sadly many are falling prey to Satan's bewitching mind control manipulations and tactics. Actually this is not a new thing ... it has been happening since the Garden of Eden, but in this last generation, his devices include a more technical form of malicious evil. People (including God's people) are being bewitched

I believe in God. I also believe God.
"Discernment is not simply a
matter of telling the difference
between what is right and wrong;
rather it is the difference between
right and almost right."

-Charles Spurgeon.

into allowing their natural carnal (flesh) meaning what they see, feel, hear, taste and smell — to form the basis for their reality. When this is the case people have received the "spirit of this world" ... which creates their world view. When God's people do not have or lose a Biblical world view they have spiritually fall asleep, which means their minds become passive and they become easy prey for being demonically SEDUCED into receiving and acting upon the lies of Satan. His lies lead us into doing his bidding in this world—which any honest person cannot deny—is becoming more and more evil by the day.

Wherefore [God] says, Awake you that sleep ... walk circumspectly,¹ not as fools, but as wise ... Redeeming the time, because the days are evil. (Eph 5:14-16)

Who has bewitched you that you should not obey the truth ... Are you so thoughtless? Having begun in the Spirit, do you make your end (KJV: being made perfect)² in the flesh? (Gal 3:1, 3) (H. T. ANDERSON Greek Translation)

The Bible clearly states in (1 Tim 4:1) ... "that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of demons." Thus, many who began "walking circumspectly" according to what is "accurate and correct" ...are going to "depart from the faith" because of believing doctrines inspired by demons.

The Bewitching Power of Error

Because of all of the error that is being taught in these end times, God is using His watchmen ministry to sound the alarm when Satan's deceptions are found among God's people. As we have heard over and over again (especially from this ministry) it only takes a "little" leaven to "leaven" the whole (person, or church body). God is continually dealing with the "leaven" of false teaching among the body of Christ... I have had the following revealed to me by the Holy Spirit from God's Word, as I have sought Him with a heavy heart over the many I

¹ WALK CIRCUSPECTLY NT:199 akribos (ak-ree-boce'); referring to what is "exact" (i.e. correct, accurate)

² MADE PERFECT NT:2005 epiteleo (ep-ee-tel-eh'o); refers to complete, to end or finish. CWSD: [a.t.] for (Gal 3:3)

minister to who are refusing to get rid of their leaven. Those who are not willing to be corrected and become teachable will be among those who will be and are even now beingseduced. Remember, Jesus said that only those who endure to the END will be saved (Matt 24:13), so it's not how you start out your Christian walk, but how you end up:

You were running the race so well. Who has held you back from following the truth? ... It certainly isn't God, for he is the one who called you to freedom ... This false teaching is like a little yeast that spreads through the whole batch of dough! ... I am trusting the Lord to keep you from believing false teachings. God will judge that person, whoever he is, who has been confusing you. (Gal 5:7-10) NLT

There have been times that I have dealt with those in my ministry, who were not able to be reasoned with according to the Word of God regarding some ungodly beliefs they were embracing or some disinformation that they found on the internet or TV. When pride causes one to harden their hearts against the truth from the Word of God, Just as with the unbelieving Jews Paul tried to reason with, God says, He will give to those who are not correctable or teachable <u>A SPIRIT OF SLUMBER!</u>

According as it is written, God hath given them the spirit of slumber, eyes that they should not see, and ears that they should not hear; unto this day. (Rom 11:8)

Even him, whose coming is after the working of Satan with all power and signs and lying wonders ... And with all deceivableness of unrighteousness in them that *PERISH; because they received not the love of the truth, that they might be saved ... And for this cause <u>God shall send them strong delusion</u>, that they should believe a lie: ... That they all might be damned (e.g. condemned, punished, judged) who believed not the truth, but had pleasure in unrighteousness. (2 Thess 2:9-12)

Many Christians need to be **saved** (delivered) from sickness, demonic oppression and harassment, but most of all from <u>deception</u>. However, when we will not allow God's Word to **correct us**—we are not sincere <u>lovers of the truth</u> from God's Word... His word will expose our deception (false beliefs) and save us from exposure to ultimate ETERNAL DEATH! The Bible tells us we can commit a sin unto death ... and we are not to even pray for God to give people in this place life—Why? It's because they have chosen to love darkness (deception) more than the light (truth). God will not give light (truth) to those who prefer the darkness and of course prideful people resist exposure of their failures, fears and false beliefs (e.g. darkness).

*Perish NT:622 apollumi (ap-ol'-loo-mee); CWSD: means those who are exposed to eternal death

The "sin unto death" is willful, continuous, unrepentant sin.

1 John 5:16-17

If any man see his brother sin a sin which is not unto death, he shall ask, and he shall give him life for them that sin not unto death. There is a sin unto death: I do not say that he shall pray for it... All unrighteousness is sin: and there is a sin not unto death.

(John 3:20) For everyone practicing evil (e.g. false beliefs) hates the light and does not come to the light, lest his deeds (e.g. false beliefs) should be exposed.

It is important to remember that humble believers in Jesus Christ who choose to live by the truth of God as contained in the Bible, have been given a **precious gift** to help awaken them from their

slumber, should they become caught up in the **bewitching power of false teaching**. This is exactly what happened to me in my walk with the Lord at times in my past. I had to make the choice to come into the light of God's truth and allow it to expose the many doctrinal errors and world views I had embraced. I had to

truly humble (e.g. humiliate) myself and repent (admit I was wrong and change my mind) and embrace the truth. This is something I must constantly be willing to do *anytime* the light of god's Word exposes darkness (deception or error) in my life. It is only through God's Holy Spirit that we are graciously and mercifully awakened to the truth. The Holy Spirit is a **precious gift**, whom we must **not neglect** (e.g. forsake or ignore). He is the one who warns, corrects and teach us truth from error:



(Acts 2:38) ...Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Spirit.

(1 Tim 4:12-16) "... be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity ... Give attendance* to reading, to exhortation, to doctrine ... Neglect not the gift that is in you ... Meditate on these things; give yourself entirely to them, that your progress may be evident to all .. Take heed to yourself and to your doctrine. Continue in them, for in doing this you will save both yourself and those who hear you.

In this text the Apostle Paul tells Timothy what we also need to **give attention to** ... meaning "**pay close attention to**, **be cautious about** and **be very aware of**. The three things the Apostle Paul mentions are:

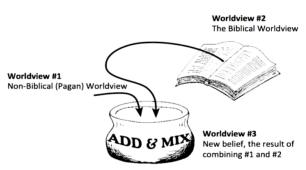
^{*}give attendance to NT:4337 *prosecho* (pros-ekh'-o); <u>pay close attention</u> to, <u>be cautious</u> about, <u>beware</u>.

- Reading ... There is so much misinformation being written to bring confusion into Christianity regarding end time tactics of the anti-Christ system, as well as a myriad of false teaching.
- 2. **Exhortation** ... Literally means COMFORT ... we are told that in these end times there is going to be a lot of trouble and hard times, the need for comfort will be great! We must not however, turn to "carnal comforts" but to true Godly spiritual comfort from the Holy Spirit our "Comforter."
- 3. **Doctrine ... SOUND** Biblical doctrine matures us... false doctrine destroys us ...thus, all of our doctrine must be Biblically sound!

"SYNCRETISM" For the Sake of Unity?

"Syncretism" is a man-made attempt to reconcile opposing principles and practices found in philosophies and religions held by differing groups of people in order to unify them. Overall, it is an attempt to reconcile "contradictory beliefs" by melding divergent practices and schools of thought, which allows for a tolerant approach to "other beliefs" and interpretations of truth, such as when it comes to what the Bible teaches... for the sake of inclusion and "unity." When we compromise the truth for the sake of unity, we have opened the door for deception to enter. Satan, positions his false ministers in the church to deceive all who reject the pure, unadulterated truth.

"But I fear that somehow you will be led away from your pure and simple devotion to Christ, just as Eve was deceived by the serpent. There are false apostles. They have fooled you by disguising themselves as apostles of Christ. But



I am not surprised! Even Satan can disguise himself as an angel of light. So it is no wonder his servants can also do it by pretending to be godly ministers. In the end they will get every bit of punishment their wicked deeds deserve" (2 Cor. 11:3,13-15).

Satan knows that agreement based upon God's truth will "unite" the body of Christ. Without this agreement based upon what the Word of says, we will not be able to connect as body members and become the imposing edifice God intends. Error, or false teaching, causes disunity and disconnection and must be exposed and eliminated; and love for God's people compels those who love the truth to address error, which is sin. Therefore, we cannot say that we love other body members and keep silent when we see them in danger of wandering away and getting lost in enemy deceptions.

"Brethren, if anyone among you wanders from the truth, and someone turns him back, let him know that he who turns a sinner

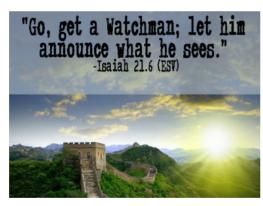
from the error of his way will save a soul from death and cover a multitude of sins" (James 5:19-20).

We must heed the warnings of God's "watchmen" who are on the walls to look out for enemy invasions through error and deceptions.

"There will be false teachers among you. They will cleverly teach their destructive heresies about God and even turn against their Master who bought them. Theirs will be a swift and terrible end. Many will follow their evil teaching and shameful ways. And because of them, Christ and his true way will be slandered" (2 Peter 2:1-2) NLT.

We need to give God's true watchmen a "place" to operate so "clear ministry vision" can come forth when we are under attack by false teachings, counterfeit anointing's and antichrist world strategies. Those with a watchman ministry "look for problems" that the enemy is causing and planning to cause, thus they are often perceived as being divisive or as "troublemakers" who try to cause problems, when in reality they are "troubleshooters" in God's kingdom. They are experts in discovering and eliminating the cause of trouble.

"I will stand my watch and set myself on the rampart, and watch to see what He will say ("dabar") to me, and what I will answer when I am corrected" (Habakkuk 2:1-3) (parenthesis mine).



The Hebrew word for "answer" is "**shuwb**" (shoob) and it means to "make changes" bν "turning back" (Strong's 7725). True change and transformation can only come by turning back to God's Word to find His will and ways. Watchmen spend a lot of time before the Lord getting a "dabar" word from Him which is the message or counsel He speaks to them. This word, which is often a prophetic word or revelation from God, has much of the same meaning

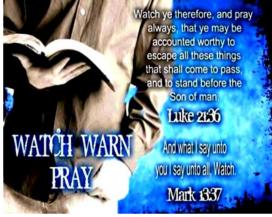
as the New Testament Greek word "rhema." Much of what watchman see is not pleasant, but God makes clear to them what they are seeing— from His perspective, then they must speak what they hear God say to them.

For all day long I have been plagued, And chastened every morning. If I had said, "I will speak thus," Behold, I would have been untrue to the generation of Your children. When I thought how to understand this, it was too painful for me until I went into the sanctuary of God; then I understood. (Ps 73:14-17)

When a watchman gets a "rhema" or "dabar" word about what he is seeing, you can be sure something needs to be changed or corrected! In (Habakkuk 2:1-3),

the prophet said he was looking for a "dabar" word which was needed for "correction." Our own perception of something, will be corrected by the "debar" word from God. The word corrected is the Hebrew word towkechah (too- kay-khaw') and it means "proof" that is needed so "corrections" can be made for proper "defense" or "protection" (Strong's, 8433). The watchman ministry as

the "hedge of thorns" ...brings protection to God's people. It is a ministry that can be painful but vital for the body of Christ if there is to be protection from the enemy's wiles and deception. As one can imagine, it is not always a popular ministry because the "dabar" word that a watchman brings forth can cause discomfort... brings warnings of impending judgments, or words of correction, but watchmen also bring words of comfort and encouragement to those who are willing to receive God's



deliverance instructions and directives from His watchman. Their words are often readily rejected among those who have their own agenda or among those who are not receptive to receiving the truth for any reason.

It says in (Rom 14:17) "the kingdom of God is righteousness, peace and joy." This means God's Kingdom has as its foundation "righteousness." If we have a right understanding of God and His word, peace and joy will be the cement that holds us together as believers in Christ. Those who have the desire to follow Christ and serve God will also have the desire to understand His hidden (unknown) truths. The Apostle Paul made this statement about those who want to be known as stewards or servants of Christ. "Let a man so consider us, as servants of Christ and stewards of the mysteries of God" (1 Cor. 4:1).

True servants are "stewards" who earnestly and diligently "seek" truth. They look to God and to His word as the source for all truth. A steward is one who is charged with the responsibility of <u>obtaining what a household needs</u>. Therefore, true servants in the body of Christ provide other body members with the mysteries (unknown truths) of God because that which is hidden or unknown to them needs to be solved or made known. When wrong teaching or wrong thinking invades a church, it will surely bring division among us. Why? Simply because someone is believing what is wrong and someone is believing what is right and unless those who are teaching or preaching the error are exposed ... what is right will not be revealed or recognized.

"First of all, I hear that there are divisions among you when you meet as a church. But, of course, there must be divisions among you so that those of you who are right will be recognized!" (1 Cor 11:18-19) NLT.

Because someone is wrong and someone is right, we must never fall for the philosophy of "tolerance" and simply agree to disagree on our theological differences. However, genuine love for God's holy nation, which is the Church of Jesus Christ, will embolden us like it did Gideon, to execute judgment and wield the two-edged sword of the Lord (rhema/logos) and cut down the works of the enemy that stealing, killing and destroying among us.

"When I blow the trumpet, I and all who are with me, will also blow the trumpets on every side of the whole camp, and say, The sword of the Lord and Gideon" (Jug 7:18). (Gideon means: "to cut down")

The "trumpet" represents the Holy Spirit's call to battle against the spirit of error and we must respond to this call. We cannot remain silent just to pacify the opponents of truth. In order to make real peace, we must go to war and wield the two-edged Word of God in our battle for truth and justice because we are called to be "peacemakers" and not "peacekeepers." Peacekeepers make compromises to pacify or appease



those who oppose the truth. They intend to create a false sense of unity or "peace" because they do not like to rock the boat. But peacemakers will not only rock the boat of compromise they will also sink it! Peacemakers, like King David of old, will be mighty warriors for the truth of God while peacekeepers, like David's son Solomon, do not go to war against God's enemies. Instead, they like Solomon become unequally yoked with pagan ways in order to keep the peace.

Compromise: the Door to Demonic Mind Control

When we allow the truth to become compromised in our life, by ignoring the truth (especially from God's watchmen) that can identify our enemy and his tactics being used against us, we become defenseless targets of the enemy. Embracing the truth keep us safe and free so we can use the truth to fight against having our spirit, mind and body controlled by the antichrist forces of this world. We can't avoid being exposed to mind control and targeting activities, but we can learn to recognize these techniques that are used and resist their influence with the truth. Those who are able to recognize and expose mind control activities and consciously resist them ...will be vilified as enemies of society. Even today, people who ask challenging questions and who object to the encouragement of immoral activities are portrayed by the media as ignorant intolerant fools who are opposing the greater good of a global society. Resisters stand in direct opposition to the image of the greater good that mind controllers are trying to paint in the minds and hearts of Americans.

Mind control programmers have zero tolerance for people who want to maintain independent thinking on issues like healthcare, food, nutrition and belief in the God of the Bible and the truths contained therein. Those who resist mind controllers, are seen not only as enemies of the state, but also as divisive when they will not compromise the truth among other professing Christians. Bible believing followers of Jesus are especially seen as enemies, especially when they eat wholesome food, home school their children, and refuse to submit their bodies and the bodies of their children to vaccination and give them over to the dictates of conventional medical care.

This war has been growing in intensity for more than a hundred years and is now reaching an ear shattering shriek. If left unchecked, it will soon be a crime to speak the name Jesus and to tell our children about God. It will be a crime to grow our own food. It will be illegal to refuse to eat food that contains GMOs, glyphosate and other pesticides; and to ingredients such as high fructose corn syrup, soy oil,



and numerous chemical additives. It will soon be a crime to visit a naturopath, homeopath. Chinese medical practitioner or use the remedies they recommend. It will soon be a criminal act to home school children or attend a church that is not licensed by the state. Mind controllers are creating a system of lies that everyone must believe so that the society can function without distraction or rebellion. To do this, mind controllers have been creating a worldview that will cause people to think certain thoughts, to have a standard set of feelings about those predetermined manner that matches the thoughts, and to behave in a norms they have been establishing. To make their system work, they must also eradicate the Creation worldview that comes from the Bible.

Demonically inspired mind controllers are trying to get us to believe lies. Once we believe these lies and adopt the worldview of the ruling elite, then it will be easy to manipulate us to fulfill their goals. The combined effect of believing their lies and obeying their instructions is to create a docile population who will be glad to participate in centralized government control of every aspect of life. This will be a New World Order (e.g. globalization) operated under rules established by a tiny minority of extremely wealthy individuals who believe they possess superior qualifications for controlling the welfare of humanity for the greater good. They envision a world with a small population that is centrally controlled slaves. There will be a single government, a single economy, a single currency, a single language, a single education system, a single healthcare system, and a

single religion. The docile citizens of this new globalized world will be trained to worship the Earth and the ruling elite.

Why are Followers of Jesus such a Threat to Mind Controllers?

Genuine followers of Jesus threaten the ruling elite and their plan for a New World Order, because as mentioned, we have the Holy Spirit. That means we have God given discernment and can see through their schemes. We also have the written Word of God, that promises God's provision and protection and clearly condemns everything they are trying to do. In short, we are the greatest danger to the advancement of the New World Order and those who are trying to program everyone to be godless slaves of the ruling elite. What can we do to Resist the Mind Control and targeting Activities of Our Age? The first **crucial step** is to realize that we must be truly **submitted to God** so we can actively resist the demonic attacks against us. Without 100% submission to God, we have no power to resist the demonic targeting coming against us!

Submit yourselves, to God. Resist then the devil, and indeed he will flee from you. (James 4:7) ALT

(Alternate Literal Translation)



We must ask ourselves, "Am I really and truly submitted to God, or is "me-myself and I" and the spirit of this world... still ruling my life?" Submission to God means must we will have the power AGGRESSIVILY RESIST the devil! Passivity will only lead us into the lap of the beast where we

temporarily enjoy numerous worldly pleasures until the power of the ruling elite has been able to program our perception of reality. If you have done your research, then you know that when they establish their position of dominance, massive persecution of the professing disciples of Jesus will follow. This will determine which professing Christians are really is submitted to God, His Word and the Lord Jesus Christ, versus those who only had a form of godliness and no power to resist!

Then I saw the souls of those who had been beheaded for their witness for Jesus and for the word of God, who had not worshiped the beast or his image, and had not received his mark on their foreheads or on their hands. (Rev 20:4)

God may permit the globalist plans of the ruling elite to unfold as they desire, for a season, but we who are genuine Christians will not yield our souls to their

worldly control. We also will not fear what they might do to our bodies. However, these things will not be possible for any person unless they truly are being controlled by the Holy Spirit and not the spirit of this world!

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful carnal nature craves. (Gal 5:16) NLT

Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell. (Matthew 10:28)

They may threaten our lives, but if we are disciples of Jesus, then we should always remember that God is greater than those who persecute us.

You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world. (1 John 4:4)

The more we participate in the mass consciousness lifestyle being marketed to Americans, the greater will be the influence of mind control programming in our lives, AND THE LESS CONTROL THE HOLY SPIRIT WILL HAVE IN OUR LIVES AND THE MORE FEAR AND AN UNSOUND MIND WILL RULE US! This means if we want to escape the mind control program of the ruling elite, then we must make conscious choices of when, where, and how we will allow ourselves to be exposed to the tools they are using to control us. Mind controllers are working through the mainstream news media, education system, TV, movies, popular music, amusement parks, sports



teams, internet, social media, computer games, pornography, and even some churches that support the agenda of the ruling elite. They are training us to accept a new world order where individual rights and even national sovereignty must give way to a one-world system of total control.

The agenda of the ruling elite is to establish a single world government, a single set of world laws, a single world court, a single world currency and economy, a single world education system, and a single world religion. They plan to bring down the world population from the current level of more than 7 billion people to a scant 500 million. In their new world order, all decisions will be made for us. In this system, there will be the ruling elite and a kind of slave class that serves them. To bring this about, they must give us a new worldview. This will require us to change how we think and to believe a large number of lies about every aspect of life. This plan has been implemented and is achieving great success—in case you haven't noticed!

Mind Control and Your Health

The tools that mind controllers are using become more powerful when they are used on people with weakened physical health and impaired brain functioning. Simply put, weak people are easier to infest with their system of lies and are easier to control.



They are weakening our physical health by making sure that we eat a high carbohydrate diet containing GMO ingredients, glyphosate, preservatives, artificial sweeteners, and a host of food additives. They are weakening our ability to object to their plans by insisting that we drink water with fluoride to make us docile. They are weakening our brains with statin drugs and by prescribing more and more psychotropic pharmaceuticals to control our emotions through brain functioning. They are

weakening our immune systems with vaccines and with constant exposure to high levels of stress and fear. They are weakening us with thousands of industrial chemicals which damage our endocrine systems so that couples will not desire to be parents or will simply become infertile. They are weakening us by drawing us into addictions such as drugs, alcohol, sugar, sports, or pornography. They are weakening our ability to smell the stench of deception and lies by surrounding us with a cloud of fragrances from perfume, cologne, scented candles, laundry detergent, dryer sheets, and air fresheners. They are weakening us with the intensely addictive high-sugar, high-carbohydrate, low-fat diet so we can't think clearly because of all the "brain fog."

They are systematically disrupting and damaging the condition of our physical bodies to the point where our emotional functioning, our cognitive processing, our discernment of truth versus lies and our ability to resist their program are so weak that their worldview can slither into our brains like a well-greased snake. You should also be aware that TV hardware technology itself, the use of visual images, and the style of the verbal presentation is carefully designed to ease your brain into a passive state of receptivity when you watch any kind of TV show. As a result, when you watch the news, you are much more likely to believe the lies and half-truths that they call the news.

Entertainment

The strongest form of mind control is found in entertainment businesses. TV, films, pop music, amusement parks, and professional sports events constantly deliver messages and images, which are implanted into our minds. They then manipulate our emotions and even the way we think about people to "entertain" and "amuse" us. What they are really doing is systematically modifying our perception of reality and implanting messages and images that will be permanently imbedded in our memories.

Some of the mind control programming is on the surface and other parts are subliminal. Occult images and written messages are craftily imbedded into the visual images we see in such a way that they bypass our conscious perception, yet they are still being recorded by our brains for later use by programmers.

Do not assume that child oriented forms of entertainment are free from mind control. The truth is that "child friendly" forms of entertainment are the most highly charged forms of mind control. They subtly promote certain worldviews that may not match your belief system. Their handling of sexuality, family life, good and evil, historical events, and spiritual paths will not be objective. They do their work with images and dialogue that could be seen as just a sweet animated story, but deep down, they often present occult images from a satanic origin or teach a godless form of morality. What is important here is to make note of the fact that child oriented material is rarely if ever neutral. Numerous books and websites deal with this topic, so I won't focus on the details in this article. People may not all agree on the same world view but as Christians we must have the SAME Biblical world view concerning good and evil.

Television

As TVs have grown larger and larger, their ability to capture the total attention of those who watch them has also grown. It is the single most powerful tool that mind control programmers are using to capture the minds of Americans. It doesn't matter whether you are watching the news, primetime TV shows, movies, concerts, or sports events — programmers are hard at work programming your mind to think the way the ruling elite wants you to think.



Prove (lit: test, discern, examine) <u>all things</u>; hold fast that which is good... Abstain from all appearance of evil... And the very God of peace sanctify you wholly; and I pray God your whole <u>spirit and soul and body</u> be preserved blameless (lit: kept safe and undefiled) unto the coming of our Lord Jesus Christ. (1 Thess 5:21-23)

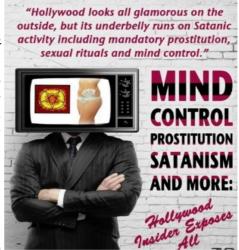
My first suggestion might be taken as ridiculous extremism, but the dangers of mind control programming that comes through the TV are so pervasive and defiling that I simply recommend discarding your TV equipment. This will free your mind from defiling influences and change your life. The reason that TV is such a powerful tool for mind controllers is that it creates a kind of **hypnotic trance** – an altered state of consciousness – in which the visual centers in the brain fall into a slumbering passive state. Once the brain is in this condition, then people are wide open for the mind control process. After a few minutes of watching TV, we lose the ability to regulate the images that bombard our brains. We lose the ability to selectively watch the screen and take in just what we

want – instead we just take it all in. If discarding your TVs is too drastic of a starting point, then you might consider limiting your family to a certain number of hours of TV watching. For example, set a limit of 4 hours of TV per week for the entire family. You could also decide that the TV will remain unplugged Monday through Friday. There is no way to prevent the visual centers in the brain from being affected when viewing TV. It only takes a few minutes for TV technology to make the visual centers in the brain slumber and sleep and it can take hours for the brain to wake-up again. This is especially dangerously true when watching all of the apostate ministers on so called "Christian TV." I wonder how many professing Christians will take to heart the follow text in light of the TV issue?

I will behave myself wisely and give heed to the blameless way — I will walk within my house in integrity and with a blameless heart ... I will set no base or wicked thing before my eyes. I hate the work of them who turn me aside from the right path; it shall not grasp hold of me ... A perverse (lit: deceived, disobedient) heart shall depart from me; I will know no evil person or thing ... My eyes shall look with favor upon the faithful of the land, that they may dwell with me; he who walks blamelessly, he shall minister to me ... He who works deceit shall not dwell in my house; he who tells lies shall not continue in my presence. (Ps 101:2-7) AMP

If you do watch TV, then avoid watching the ads. They are not just trying to sell a product; they are also programming us to think a certain way, to believe lies, and to convince us that we have needs that we didn't know even existed. They don't just want to take our money; they want to take control over our minds as well. They want us to adopt their worldview. Mute the sound and turn your eyes away from the TV during commercial breaks.

How many TV ads have you seen from Big Pharma companies that describe a normal human condition ...as if it is a disease, and then promote a drug to



solve the problem? How many ads have you seen for consumer electronics, which explain that you can't be happy or successful in life unless you buy their gadgets? How many ads have you seen that try to convince you that you will feel empty and unsatisfied unless you eat their junk food? It's really not that hard to join the hundreds of thousands of Americans who are simply saying no to TV and taking them all to the dump. In addition to limiting mind control activities, you will probably save a hundred dollars or more per month when you cancel your cable or satellite service.

Movies

Movies have the same effect on us as TV. If you feel that you and your children must watch movies, then view each movie in its entirety before you let your children watch it. Don't assume that the content of children's films is harmless. These films are carefully crafted to modulate the worldview of your children. There is much more to be concerned about than the obvious sex and violence that litters most films today. Extremely high-speed action scenes inevitably contain mind control programming. The speed of some images that flash across the screen is often beyond the point of conscious comprehension (subliminal). Even though our mind can't consciously recognize the images, the brain still records them and we can react to them. There are also many imbedded images and hidden messages that appear beneath the normal speed scenes you consciously see.

Film makers design each scene so that the eyes of the audience will be focused on a certain spot on the screen. They then are free to use the rest of the screen for programming activities. You won't consciously remember what you weren't intended to see, but your brain and your future behavior will be influenced. If you are considering watching films for your own entertainment, be aware that segments that portray violence, sex, or rape serve to numb our sensitivity to such events in real life. If you watch enough murders in film, then you won't be bothered as much when people are raped and murdered for the sake of the new world order. Is rape and murder really entertainment?

The images we see in films can last a lifetime. I don't know about you, but my experience has always been that after I watch a film, I have vivid recollections of scenes from the film that pop into my mind for weeks or even years afterward. These images seem to pop up by themselves, perhaps being triggered by events in my own life. I have heard of people who have had an image from a horror film they saw when they were children, haunt them for years.



Popular Music

Recorded music and concerts are another mind altering form of entertainment. Children and especially teens will want to listen to the same music as all their friends. However, as Christian parents who are trying to protect and raise godly children, we need to make our children understand that the world's music is produced by performers of which many are Satanists, who have intentionally given their lives to Satan, and have publically stated this.



None of their music is suitable for your child even if the song sounds sweet and loving. We must realize that Satanists are trying respectability gain by declaring that they are just another religion, but for those of us who have researched their activities, it is clear that they are much more than

"another religion." The victims of Satanic sex-based and trauma-based mind control understand the dark inner spiritual reality of Satanism. Don't assume that a recording artist is "safe," because you heard a few songs that are not oriented toward sex, violence, or Satan worship. Don't assume that they are OK if their first album was good.

Typically music stars (including "Christian" artists) slide down the slippery slope of depravity as they become more successful. In fact, my research has proven (as I have reported in many of my watchman reports) that you can't become successful in the media, arts and entertainment industry unless you join Satan's club (e.g. have Illuminati ties) and this includes the "Christian TV and music industry." Beyond the words, there are rhythms, musical scales, sequences of musical notes, and chords that have a strong effect on brain functions. The music itself can activate and deactivate various regions of the brain. There are those who work with such systems in therapeutic applications. The limbic system of the brain, which exists below the level of our consciousness, is highly controllable through music based mind control programming. Recording artists who have aligned themselves with Satan worship are masters at using music to make people think that good is evil and evil is good. It is important for us and our children to understand the following...

- 1. If you can't understand the words to a song... then you should assume there is a reason for this. Have you ever noticed how if you can't understand the words, that a child who is allowed to listen to secular music can sing the words with no problem? They hear what you don't hear, because they listen to it 50 or 100 times until they can understand the words (which have a bewitching influence).
- **2.Bewitching songs cut down parental authority** ... they exalt evil... they put down those who pursue honesty ... they promote relationships with gods or a spirituality that differs from your beliefs ... they elevate love and sex above everything else, and ignore personal responsibility and consequences for their actions.
- **3.The artists appearance and their videos** ...show doing things with their bodies and the bodies of other people that you don't want your children to see!

Instead of giving children an iPod and letting them do what they want, or having to fight with them about their choice of music, consider training them to play an instrument or to develop their singing voice. Listening to recorded music is very passive, but creating music is an active process, which builds up a child's confidence to engage with life. If you play an instrument or sing, then play or sing with your children. If you don't have musical talent, then help them get involved with music teachers and musicians whom you trust.

Professional Sports Teams

Following of sports teams can become an idolatrous kind of religion. There are those who would never miss their favorite baseball game. Even if for example, it means playing a double header on the west coast and the second game isn't over until 2:00 a.m., they will listen to every inning until they know who won. They couldn't go to sleep until the last inning had been played and the post game show was over! Given the popularity of sports teams, both professional and college, and the popularity of auto racing, it is clear that many people treat these sports as religions. They will spend two hours watching a pre-game show, spend 4 hours watching the game or race, and then spend another hour watching sports highlights, which also show the results of other games or races. Sports bars and restaurants in every town have TV's visible at every angle so these "worshippers" won't miss their game or race!



Some people follow sports, true fans worship it.

The emotions of sports fans are constantly jumping up and down. When there is a good play, they shout for joy, stomp their feet, clap their hands, and even stand up and scream. When there is a bad play or a calamity on the race track, their mood falls into despair; they swear; and they might even attack and ridicule other people that are

rooting for their opponent. This constant movement from ecstasy to depression makes the mind highly suggestible. The mind never knows what is coming next, so it is poised to passively go wherever the next stimulation leads. Like the demonic half time entertainment, which has become popular as of late during the big bowl games! Featuring famous (illuminati artists) that reveal their overt and covert demonic messages.

Often the stimulation includes a long series of mind altering commercial advertisements. It is not uncommon for people to watch these half time shows and ads with the same level of intensity as they apply to the sport. They even rate and evaluate the commercials. They will laugh at the funny ones, and make negative comments about the stupid ones. This is exactly what the mind control-

lers want us to do. The bottom line is that engaging with sports in this way becomes an act of worship for many people. They honor and revere individuals and teams as if they were gods. This is a step toward training people to become comfortable with worshipping the ruling elite. It may be hard to break the sports habit if there is a TV in your home. You also may find it awkward at first to be in social situations if you don't have sports to talk about. But after a while, when your mind becomes more free, you will develop new interests, that are hopefully more aligned to godly spiritual things...

If then you were raised with Christ (in your new life as a Christian), seek those things which are above, where Christ is, sitting at the right hand of God ... Set your mind on things above, not on things on the earth ... For you died, and your life is hidden with Christ in God ... When Christ who is our life appears, then you also will appear with Him in glory .. Therefore put to death your (e.g. physical and emotional) members which are on the earth: fornication, defilement, (ungodly) passions, evil desires, and covetousness (self-centeredness), which is idolatry ... Because of these things the wrath of God is coming upon the sons of disobedience. (Col 3:1-6)

Theme Parks and Amusement Parks

Theme parks have become a kind of family vacation destination. They target the carnal desires to experience excitement. They seek to give people a fantasy reality beyond the normal experience of life. Demonic mind control wants us to think we are a bad parent and depriving our kids if we don't take them to America's most famous theme parks. After all, everyone else in your neighborhood and even your church goes there!



Theme parks use high-speed images of potential destruction and combine them with an intense level of fear that goes deep into the physical body, which releases adrenalin. After the adrenaline rush of excitement, there will be a let-down, which leaves people craving another fear-induced high. Such experiences affect the ability of the mind to distinguish between real fear and entertainment-induced fear. Mind controllers use real fear and imagined fear to manipulate and control people. training They are us to be comfortable with high levels of fear and

even terror, so that when the economy, our government and the other structures in our society collapse, we will turn to the ruling elite for protection. Fear will be used to drive us into the arms of a new kind of savior — the

globalist ruling elite under the authority of the Antichrist. Why not avoid the fear-inducing rides and fantasy worlds of theme parks and plan a family vacation where everyone can experience the glory and majesty of the world of nature. Amusement park rides are essentially an individualized experience even if everyone is on the same ride. However, standing together as a family while learning about the natural world or visiting historically significant places can be quite rewarding. You might also plan for your family to participate in a community service project. Taking the money that you would have spent on hotels and eating in restaurants, you could stay at home and use the money to help fix-up the homes of elderly neighbors. You can do some work and even more importantly make new friends.

Internet

We should be very careful about everything we read, hear, and see on the internet, because mind controllers are hard at work in every corner of the internet. They create pornography sites, social media platforms, and most of all very convincing disinformation websites. It seems that for every website that presents truth on any topic, there are many more that intentionally discredit and deny truth, lead people into confusion, fantasy worlds, or engage people in pornography. The ruling elite want us living in a fantasy world, because it is a way for us to escape the pain of the real world, which is increasing year by year as they tear down the pillars of our society, and construct their globalized new world order. I have found that any truth that stands in opposition to the agenda of the ruling elite will have massive amounts of disinformation devoted to it. This is why there are thousands of websites especially designed to destroy interest in methods of alternative healthcare. This is why real cures for serious illness are constantly being attacked. This is why the value of traditional nutrition as a cure for illness is ridiculed. This is why those who warn against GMO food, glyphosate, chemical exposure, vaccines, or other harmful medical treatments, and numerous other health threats are maligned and their messages are countered with lies of every sort. This is why the ruling elite uses the internet to teach people to hate the God of the Bible.

As a result of the massive amount of disinformation on the internet, we need to be slow to draw conclusions until we can sort out the truth from the lies that have been distributed by the shills and trolls who are hired to create distortion and confusion.

Chemical Fragrances

It might seem odd to put fragrances on a list of ways to avoid mind control, but there is an important connection. Satanists and mind control programmers use all of the senses for controlling people. They work through the visual center of the brain, the auditory center of the brain, the gustatory center of taste, the sexual and sensual reflexes, **and even through the sense of smell.** They influence the functioning of the nervous system, the endocrine system, the immune system, the primitive limbic system of the brain, and even affect the functioning of brain stem activities that regulate the heart, respiration, and the

function of other organs. We are highly reactive to smells both pleasant and unpleasant. Smells can cause us to have emotional reactions, physical reactions, and can even evoke memories before our cognitive centers are able to identify what we have smelled.



The sense of smell can be overwhelmed by a constant level of stimulation. We are being told by mind controllers that everything must smell "good." We are beina instructed by their advertisements to only buy products intense smells. The combination of perfume. cologne, laundry products. products, scented cleaning candles, air fresheners, and

automatic aroma dispensers in homes, offices, and cars is creating a condition where the brains of many people have lost the normal perception of smell. They only have a vague sense of fragrance even though they intentionally surround themselves with massive amounts of aromas. Everything we smell goes directly into the brain — perfume, dryer sheets, plug-in air freshener, etc. Fragrances and the hundreds of secret chemicals they contain all bypass the blood brain barrier and affect brain functioning. Once in the brain, they affect our ability to think, feel, and make decisions. Mind controllers use these products to disable the olfactory center in the brain as part of a strategy to disable our ability to discern truth from lies. There are many sayings that link smell to discernment. For instance, have you ever heard the expression, "There's something fishy going on here?" or "That smells fishy to me." In other words what a person is saying or doing is somehow deceitful and smells like rotten fish. If we can't smell the rotten fish in the physical environment because of fragrance pollution, then we will be less able to sense the rotten fish smell that accompanies the lies that we are being fed by spiritual and emotional mind controllers. Every time you smell these products, you are submitting yourself to mind control activities and doing the same to everyone else who is forced to smell the fragrance products

that you use. So, if you want to protect your mind and your body, you may consider going fragrance free. Eliminate synthetic fragrances from your life and choose unscented products. We need to open a window to freshen the air ...and our brain!

Refined Sugar

It is not by accident that the U.S. government began to promote a low fat, high carbohydrate diet for Americans. These dietary



recommendations stimulated an out of control sugar eating binge that has been going on for more than 40 years. The high sugar diet is ideally suited to help mind controllers execute their programs. When people include an average of 160 pounds of unneeded sugar in their diet each year, they impair their ability to learn and think. It also makes them obese and subject to developing diabetes, cancer, dementia and heart disease. In addition to these diseases, high sugar consumption is directly associated with impaired emotional functioning and impaired cognitive abilities. It has the same effect on us as severe physical abuse. Dietary reform will strengthen your body and your mind, and help you to awaken to mind control activities. You may want to consider switching to a no sugar, low carbohydrate, medium protein, and high healthy fat diet to protect your mind and your body from being ravaged by the mind control agenda of the ruling elite. Of course, the diet also should be GMO and glyphosate free. And of course avoiding processed foods, goes without saying, organic or not.

The Ultimate Defense against Mind Control

The ultimate solution for escaping the power of mind controllers is most importantly to become spiritually armed and also avoid going to the places where they spin their web of deception. If you don't avail your mind to the games they are playing, and you discern and avoid their snares, then you will do much to protect yourself and your family from their malicious intent. During the Nazi era of Germany, the intellectuals and followers of Jesus were taken



into containment camps for brainwashing. They were removed from society to prevent them from opposing Hitler's plan. lf these objectors didn't agree to be silent or renounce their faith in Jesus and obey demands of the ruling elite, then

they were executed. But today, our entire country is the containment camp and the conventional media and entertainment industry are the prison guards and the brainwashing agents. Today, only the most dangerous resisters to mind control are being taken into the camps (mental institutions) where they are subdued with psychoactive pharmaceuticals or assassinated as directed by the ruling elite. All the while we are being told we are free, but every freedom we have in our lives is gradually being taken away. Electromagnetic technology is being developed to neutralize mind control resisters. The goal of current research is to modify brain functioning so that uncooperative resisters who don't

trust government will literally change their minds. Experiments direct brain penetrating electromagnetic fields deep into specific regions of the brain to weaken the strength of resistance. This same technology is also being tested on people who have faith in Jesus in an attempt to weaken their faith. True believers however, do have God's protection, and it must be actively and aggressively "put on" by every true follower of Jesus Christ:



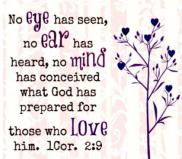
(Rom 13:12, 14) The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let <u>us put on the armor of light</u>... But put on the Lord Jesus Christ, and make no provision for the carnal nature, to fulfill its lusts.

(Eph 6:11, 13) Put on the whole armor of God, that you may be able to stand against the wiles of the devil... Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

The ruling elite understand the threat posed by those who continue to remain awake to their plans and those who will never bow down to worship them, and are working hard to neutralize us. However, God also has a plan and says this to His submitted, sold out Saints...

(Ps 34:19, 22-35:4) Many are the afflictions of the righteous, But the Lord delivers him out of them all ... The Lord redeems the soul of His servants, And none of those who trust in Him shall be condemned ... Plead my cause, O Lord, with those who strive with me; Fight against those who fight against me. Take hold of shield and buckler, And stand up for my help... Say to my soul, "I am your salvation." ...Let those be put to shame and brought to dishonor Who seek after my life; Let those be turned back and brought to confusion Who plot my hurt.

Those who know their God will truly have faith that He alone is in control of what happens in their life! For He alone is our source for our deliverance! †



Jan 31, 2019 - A Word from the Lord

The typology meanings for the words in yellow ...is derived from their literal word meanings.



When I sought the Lord for His word concerning 2019 the following texts are what I received...

By *Karen Connell*

(Jer 18:1-13)

The word which came to **Jeremiah** from the Lord, (his name means: "whom Jehovah (Yahweh) has appointed") ... He said ... Arise, and go down to the potter's house, and there I will cause thee to hear my words ... Then I went down to the potter's house, and, behold, he wrought a work on the wheels ... And the vessel that he made of clay was marred in the hand of the potter: so he made it again into another vessel, as seemed good to the potter to make it ... Then the word of the Lord came to me, saying, ... O house of Israel (this represents God's born-again people), cannot I do with you as this potter? saith the Lord. Behold, as the clay is in the potter's hand, so are you in mine hand, O house of Israel ... At what instant I shall speak concerning a nation, and concerning a kingdom, to pluck up, and to pull down, and to destroy it ... If that nation, against whom I have pronounced, turn from their evil, I will repent of the evil that I thought to do unto them ... And at what instant I shall speak concerning a nation, and concerning a kingdom, to build and to plant it ... If it do evil in my sight, that it obey not my voice, then I will repent of the good, wherewith I said I would benefit them ...

Now therefore go to, speak to the men of Judah, (this represents those who minister to God's people) and to the inhabitants of Jerusalem, (these represent those who gather to be taught from the ministers) saying, Thus saith the Lord; Behold, I frame evil against you, and devise a device against you: return you now everyone from his evil way, and make your ways and your doings good ... And they said, There is no hope: but we will walk after our own devices, and we will every one do the imagination of his evil heart ... Therefore thus saith the Lord; Ask you now among the heathen, who hath heard such things: the virgin of Israel hath done a very horrible thing.

(Jer 4:1-5) If you will return (repent), O Israel (speaking to His Church), saith the Lord, return unto me: and if you wilt put away thine abominations out of my sight, then shalt you not remove... And you shalt swear (to), The Lord ... (to) live, in truth, in judgment, and in righteousness ... Break up your fallow ground, and sow not among thorns (Jesus taught in [Mark 4:19] thorns represent the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becomes unfruitful) Circumcise yourselves to the Lord ... lest (otherwise) my fury will come forth like fire, and burn that none can quench it, because of the

evil of your doings... Declare you in Judah (among my ministers), and publish in Jerusalem (this represents the gathering places where people go hear ministers teach i.e. churches, conferences etc.); and say, Blow the trumpet in the land (sound the alarm of warning for impending judgment)... (Jer 4:14-22) O Jerusalem, (those who gather to be taught from their ministers) wash yourselves from wickedness, that you may be saved. How long shall thy vain thoughts lodge within thee? ... For a voice declares from Dan (represents the tribal anointing that declares judgment for sanctification), and **publish affliction** (lit: make known the evil, false, idolatrous, sorrow, unjust, unrighteous, vain vanity) of mount Ephraim (represents what carnal professing Christians are promoting i.e. marketing) ... Make you mention to the nations; behold, publish against Jerusalem (the places where these gather to be taught by teachers), that watchers (referring to the watchman ministry) come from a **far country**, ¹ (see footnote below) and give out their voice against the cities of Judah (referring to cities where these ministers gather)... As keepers of a field (God's vineyard or church), they are against her round about; because she hath been rebellious against me, saith the Lord ... Your way and your doings have procured these things unto you; this is your wickedness, because it is bitter, (bitterness is as the sin of witchcraft) because it reaches unto thine heart ... My bowels, my bowels! I am pained at my very heart; my heart makes a noise in me; I cannot hold my peace, because you hast heard, O my soul, the sound of the trumpet, the alarm of war ... Destruction upon destruction is cried; for the whole land is spoiled: suddenly are my tents spoiled, and my curtains in a moment ... How long shall I see the standard, and hear the sound of the trumpet? ... For my people are foolish, (despise truth) they have not known me; they are sottish children, and they have no understanding: they are wise to do evil, but to do good they have no knowledge. (Jer 4:25-28) I beheld, and, lo, there was no man, and all the birds of the heavens were fled ... I beheld, and, lo, the fruitful place was a wilderness, and all the cities thereof were broken down (our American cities are going down) at the presence of the Lord, and by his fierce anger ... For thus hath the Lord said, The whole land shall be desolate; you will I not make a full end ... For this shall the earth mourn, and the heavens above be black: (an EMP strike?) because I have spoken it, I have purposed it, and will not repent, neither will I turn back from it. KJV

(Jer 4:30-31) ...they will seek your life (God's people are going to be greatly persecuted)... For I have heard a voice as of a woman in travail, and the anguish as of her that brings forth her first child, the voice of the daughter of Zion, that bewails herself, that spreads her hands, saying, Woe is me now! for my soul is wearied because of murderers. KJV

FAR COUNTRY: OT:4801 *merchaq* (mer-khawk'): from OT:7368; refers to **remoteness** (i.e. <u>REMOTE</u>: from a place situated far from the main centers of population; having very little connection with or relationship with (e.g. assembled Christian meetings). These "watchman" are "remote" or not found among those who gather in backslidden Jerusalem (representing churches and conferences taught by popular false ministers)...

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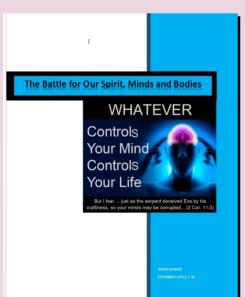
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